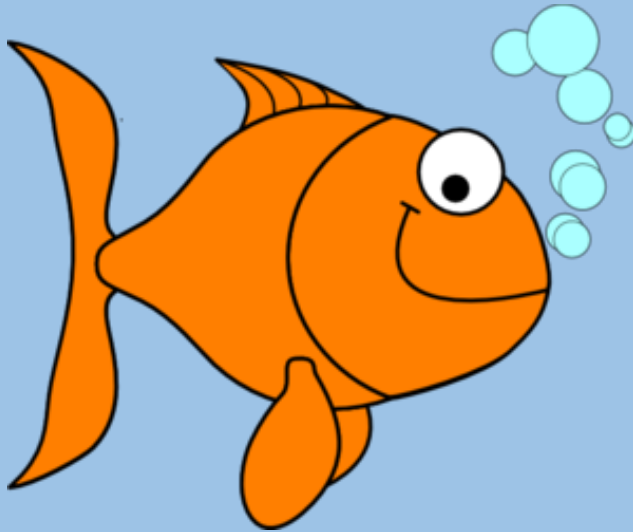


# FEMA Region II: Beach Safety Tips

## In the Water



- Check weather conditions
- Have young/inexperienced swimmers wear lifejackets
- Watch young children and elderly persons, even in shallow water.
- Be respectful of aquatic life you encounter.
- Stay at least 100 ft. from piers & jetties to avoid rip currents.
- If in a rip current, don't fight it and swim parallel to shore until free

For more information go to: <http://www.redcross.org/get-help/how-to-prepare-for-emergencies/types-of-emergencies/water-safety/beach-safety>

